



5. Trefffurter Stadtlauf

Treffurt / 13.09.2008

Detailed evaluation

Klippstein, Alexander

Club: LSV Unstrut-Hainich

Number: 1783

Course: 10.60 km

Geländelauf

Category:

männliche Jugend A

Total time: 53:46

Speed: 11.16 km/h

Running performance: 5:04 min/km

Rank in course/Total: 107 (of 171)

Rank in course/Men: 100 (of 140)

Best time in course: 34:20

Rank in category: 5(of 6)

Best time in the category: 35:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Adolfsburg	7.60	40:26	5:19	5	13:53	96	14:54	7.60	40:26	5:19	6	13:53	123	14:54
Finish	3.00	13:20	4:26	6	4:13	98	4:32	10.60	53:46	5:04	5	17:50	100	19:26