



5. Trefffurter Stadtlauf

Treffurt / 13.09.2008

Detailed evaluation

Liebe, Gert

Club: SV GW Schönstedt

Number: 1785

Course: 10.60 km

Geländelauf

Category:

Männer M60

Total time: 59:11

Speed: 10.75 km/h

Running performance: 5:35 min/km

Rank in course/Total: 139 (of 171)

Rank in course/Men: 126 (of 140)

Best time in course: 34:20

Rank in category: 6(of 7)

Best time in the category: 48:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Adolfsburg	7.60	44:36	5:52	4	6:30	123	19:04	7.60	44:36	5:52	5	6:30	124	19:04
Finish	3.00	14:35	4:51	5	2:39	125	5:47	10.60	59:11	5:34	6	10:12	126	24:51