



5. Trefffurter Stadtlauf

Treffurt / 13.09.2008

Detailed evaluation

Gauditz, Anja

Club: SV Normania Treffurt e.V.

Number: 1685

Course: 10.60 km

Geländelauf

Category:

Frauen W30

Total time: 59:16

Speed: 10.73 km/h

Running performance: 5:35 min/km

Rank in course/Total: 141 (of 171)

Rank in course/Women: 14 (of 31)

Best time in course: 48:40

Rank in category: 3(of 3)

Best time in the category: 55:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Adolfsburg	7.60	44:40	5:52	3	3:06	15	8:12	7.60	44:40	5:52	3	3:06	17	7:41
Finish	3.00	14:36	4:51	3	0:33	16	2:24	10.60	59:16	5:35	3	3:39	14	10:36