



# 5. Trefffurter Stadtlauf

Treffurt / 13.09.2008

## Detailed evaluation

**Gauditz, Anja**

Club: SV Normania Treffurt e.V.

Number: 1685

Course: 10.60 km

Geländelauf

Category:

Frauen W30

Total time: 59:16

Speed: 10.73 km/h

Running performance: 5:35 min/km

Rank in course/Total: 141 (of 171)

Rank in course/Women: 14 (of 31)

Best time in course: 48:40

Rank in category: 3(of 3)

Best time in the category: 55:37

### Intermediate times

### Stage score

### Total ranking

| Control    | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score  |                 | Total ranking |               |                 |             |                |              |                 |
|------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
|            |             |               |                 |             |                | Pos<br>Women | Behind<br>Women | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women |
| Adolfsburg | 7.60        | 44:40         | 5:52            | 3           | 3:06           | 15           | 8:12            | 7.60          | 44:40         | 5:52            | 3           | 3:06           | 17           | 7:41            |
| Finish     | 3.00        | 14:36         | 4:51            | 3           | 0:33           | 16           | 2:24            | 10.60         | 59:16         | 5:35            | 3           | 3:39           | 14           | 10:36           |