



5. Trefffurter Stadtlauf
Treffurt / 13.09.2008

Detailed evaluation

Koch, Oliver

Club: SV Edelweiß Crock
Number: 1223

Course: 5.00 km
Geländelauf

Category:
männliche Jugend B

Total time: 20:54

Speed: 14.35 km/h
Running performance: 4:11 min/km

Rank in course/Total: 4 (of 64)

Rank in course/Men: 4 (of 46)

Best time in course: 19:46

Rank in category: 3(of 5)

Best time in the category: 20:33