



5. Trefffurter Stadtlauf
Treffurt / 13.09.2008

Detailed evaluation

Barf, Holger

Club: SV 1899 Mühlhausen
Number: 1214

Course: 5.00 km
Geländelauf

Category:
Männer M40

Total time: 21:02

Speed: 14.26 km/h
Running performance: 4:13 min/km

Rank in course/Total: 6 (of 64)

Rank in course/Men: 6 (of 46)

Best time in course: 19:46

Rank in category: 1(of 4)

Best time in the category: 21:02