



5. Trefffurter Stadtlauf  
Treffurt / 13.09.2008

Detailed evaluation

**Seise, Andreas**

Club: SV 1899 Mühlhausen  
Number: 1262

Course: 5.00 km  
Geländelauf

Category:  
Männer M35

Total time: 22:32

Speed: 13.31 km/h  
Running performance: 4:31 min/km

Rank in course/Total: 13 (of 64)

Rank in course/Men: 11 (of 46)

Best time in course: 19:46

Rank in category: 1(of 3)

Best time in the category: 22:32