



5. Trefffurter Stadtlauf

Treffurt / 13.09.2008

Detailed evaluation

Pidde, Waldemar

Club: LG Ohra-Hörselgas

Number: 1678

Course: 10.60 km

Geländelauf

Category:

Männer M70

Total time: 1:01:35

Speed: 10.33 km/h

Running performance: 5:49 min/km

Rank in course/Total: 150 (of 171)

Rank in course/Men: 132 (of 140)

Best time in course: 34:20

Rank in category: 2(of 3)

Best time in the category: 57:47

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Adolfsburg	7.60	45:28	5:58	2	1:33	126	19:56	7.60	45:28	5:58	2	1:33	130	19:56
Finish	3.00	16:07	5:22	2	2:15	132	7:19	10.60	1:01:35	5:48	2	3:48	132	27:15