



5. Trefffurter Stadtlauf

Treffurt / 13.09.2008

Detailed evaluation

Stoll, Christiane

Club: SV Normania Treffurt

Number: 1775

Course: 10.60 km

Geländelauf

Category:

Frauen W35

Total time: 1:01:43

Speed: 10.31 km/h

Running performance: 5:49 min/km

Rank in course/Total: 153 (of 171)

Rank in course/Women: 20 (of 31)

Best time in course: 48:40

Rank in category: 6(of 8)

Best time in the category: 49:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Adolfsburg	7.60	46:08	6:04	5	8:41	18	9:40	7.60	46:08	6:04	6	8:41	11	9:09
Finish	3.00	15:35	5:11	6	3:08	21	3:23	10.60	1:01:43	5:49	6	11:49	20	13:03