



5. Trefffurter Stadtlauf

Treffurt / 13.09.2008

Detailed evaluation

Weber, Hannelore

Club: TSG Ruhla

Number: 1702

Course: 10.60 km

Geländelauf

Category:

Frauen W60

Total time: 1:03:21

Speed: 10.04 km/h

Running performance: 5:59 min/km

Rank in course/Total: 154 (of 171)

Rank in course/Women: 21 (of 31)

Best time in course: 48:40

Rank in category: 1(of 2)

Best time in the category: 1:03:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Adolfsburg	7.60	48:08	6:20	1	-	21	11:40	7.60	48:08	6:20	1	-	10	11:09
Finish	3.00	15:13	5:04	1	-	19	3:01	10.60	1:03:21	5:58	1	-	21	14:41