



5. Trefffurter Stadtlauf

Treffurt / 13.09.2008

Detailed evaluation

Kraiczy, Jürgen

Club: Creuzburg

Number: 1721

Course: 10.60 km

Geländelauf

Category:

Männer M55

Total time: 1:04:48

Speed: 9.26 km/h

Running performance: 6:07 min/km

Rank in course/Total: 157 (of 171)

Rank in course/Men: 135 (of 140)

Best time in course: 34:20

Rank in category: 13(of 14)

Best time in the category: 42:09

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Adolfsburg	7.60	47:32	6:15	13	16:12	132	22:00	7.60	47:32	6:15	13	16:12	133	22:00
Finish	3.00	17:16	5:45	13	6:27	133	8:28	10.60	1:04:48	6:06	13	22:39	135	30:28