



5. Trefffurter Stadtlauf

Treffurt / 13.09.2008

Detailed evaluation

Fehr, Carmen

Club: SV NormaniaTreffurt

Number: 1747

Course: 10.60 km

Geländelauf

Category:

Frauen W45

Total time: 1:05:41

Speed: 9.68 km/h

Running performance: 6:12 min/km

Rank in course/Total: 160 (of 171)

Rank in course/Women: 25 (of 31)

Best time in course: 48:40

Rank in category: 2(of 2)

Best time in the category: 1:04:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Adolfsburg	7.60	49:55	6:34	2	1:10	24	13:27	7.60	49:55	6:34	2	1:10	6	12:56
Finish	3.00	15:46	5:15	2	0:03	24	3:34	10.60	1:05:41	6:11	2	1:13	25	17:01