



5. Trefffurter Stadtlauf
Treffurt / 13.09.2008

Detailed evaluation

Braunhold, Frank

Club: SV Normania Treffurt e.V.
Number: 1212

Course: 5.00 km
Geländelauf

Category:
Männer M40

Total time: 27:16

Speed: 11.00 km/h
Running performance: 5:27 min/km

Rank in course/Total: 30 (of 64)

Rank in course/Men: 25 (of 46)

Best time in course: 19:46

Rank in category: 4(of 4)

Best time in the category: 21:02