



5. Trefffurter Stadtlauf

Treffurt / 13.09.2008

Detailed evaluation

Grimm, Ulf

Club: SV Normania Treffurt e.V.

Number: 0

Course: 10.60 km

Geländelauf

Category:

Männer M55

Total time: 1:06:36

Speed: 9.01 km/h

Running performance: 6:17 min/km

Rank in course/Total: 161 (of 171)

Rank in course/Men: 136 (of 140)

Best time in course: 34:20

Rank in category: 14(of 14)

Best time in the category: 42:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Adolfsburg	7.60	fehlt!	-	-	-	-	-	7.60	-	-	-	-	-	-	-
Finish	3.00	1:06:36	22:11	14	55:47	140	57:48	10.60	1:06:36	6:16	14	24:27	136	32:16	