



5. Trefffurter Stadtlauf
Treffurt / 13.09.2008

Detailed evaluation

Temmler, Silke

Club: Pferdsdorf
Number: 1244

Course: 5.00 km
Geländelauf

Category:
Frauen W40

Total time: 29:25

Speed: 10.20 km/h
Running performance: 5:53 min/km

Rank in course/Total: 40 (of 64)
Rank in course/Women: 8 (of 18)
Best time in course: 21:52

Rank in category: 1(of 3)
Best time in the category: 29:25