



5. Trefffurter Stadtlauf
Treffurt / 13.09.2008

Detailed evaluation

Seifert, Carolin

Club: SG Grün Weiß Großburschla
Number: 1267

Course: 5.00 km
Geländelauf

Category:
Frauen W20

Total time: 30:07

Speed: 9.96 km/h
Running performance: 6:01 min/km

Rank in course/Total: 41 (of 64)
Rank in course/Women: 9 (of 18)
Best time in course: 21:52

Rank in category: 2(of 2)
Best time in the category: 22:07