



5. Trefffurter Stadtlauf

Treffurt / 13.09.2008

Detailed evaluation

Schadwinkel, Wolfgang

Club: GMRV Langewiesen

Number: 1728

Course: 10.60 km

Geländelauf

Category:

Männer M65

Total time: 1:16:23

Speed: 8.33 km/h

Running performance: 7:13 min/km

Rank in course/Total: 167 (of 171)

Rank in course/Men: 138 (of 140)

Best time in course: 34:20

Rank in category: 6(of 7)

Best time in the category: 46:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Adolfsburg	7.60	58:01	7:38	6	23:21	134	32:29	7.60	58:01	7:38	6	23:21	135	32:29
Finish	3.00	18:22	6:07	6	6:45	135	9:34	10.60	1:16:23	7:12	6	30:06	138	42:03