



5. Trefffurter Stadtlauf

Treffurt / 13.09.2008

Detailed evaluation

Elbert, Dieter

Club: Hainichläufer

Number: 1674

Course: 10.60 km

Geländelauf

Category:

Männer M65

Total time: 1:28:43

Speed: 6.76 km/h

Running performance: 8:22 min/km

Rank in course/Total: 168 (of 171)

Rank in course/Men: 139 (of 140)

Best time in course: 34:20

Rank in category: 7(of 7)

Best time in the category: 46:17

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Adolfsburg | 7.60 | 1:05:35 | 8:37 | 7 | 30:55 | 136 | 40:03 | 7.60 | 1:05:35 | 8:37 | 7 | 30:55 | 136 | 40:03 |
| Finish | 3.00 | 23:08 | 7:42 | 7 | 11:31 | 136 | 14:20 | 10.60 | 1:28:43 | 8:22 | 7 | 42:26 | 139 | 54:23 |