



29. Flößgrabenlauf
Gräfenroda / 13.09.2008

Detailed evaluation

Arnborst, Manfred

Club: Schaeffler- Team
Number: 53

Course: 17.80 km
Hauptlauf

Category:
Männer M40

Total time: 1:17:39

Speed: 13.14 km/h
Running performance: 4:22 min/km

Rank in course/Total: 21 (of 67)

Rank in course/Men: 20 (of 59)

Best time in course: 1:03:23

Rank in category: 5(of 11)

Best time in the category: 1:10:17