



29. Flößgrabenlauf
Gräfenroda / 13.09.2008

Detailed evaluation

Ritze, Detlef

Club: Lauffreiw. Arnstadt (Alteburg)
Number: 18

Course: 17.80 km
Hauptlauf

Category:
Männer M55

Total time: 1:23:15

Speed: 12.25 km/h
Running performance: 4:41 min/km

Rank in course/Total: 38 (of 67)

Rank in course/Men: 36 (of 59)

Best time in course: 1:03:23

Rank in category: 4(of 4)

Best time in the category: 1:15:12