



29. Flößgrabenlauf
Gräfenroda / 13.09.2008

Detailed evaluation

Rose, Jens

Club: DRK Arnstadt e.V.
Number: 19

Course: 17.80 km
Hauptlauf

Category:
Männer M40

Total time: 1:25:01

Speed: 12.00 km/h
Running performance: 4:47 min/km

Rank in course/Total: 40 (of 67)

Rank in course/Men: 38 (of 59)

Best time in course: 1:03:23

Rank in category: 10(of 11)

Best time in the category: 1:10:17