



29. Flößgrabenlauf  
Gräfenroda / 13.09.2008

Detailed evaluation

Hahnemann, Norbert

Club: SG Motor Arnstadt  
Number: 2

Course: 17.80 km  
Hauptlauf

Category:  
Männer M50

Total time: 1:26:55

Speed: 11.74 km/h  
Running performance: 4:53 min/km

Rank in course/Total: 43 (of 67)

Rank in course/Men: 39 (of 59)

Best time in course: 1:03:23

Rank in category: 3(of 6)

Best time in the category: 1:15:57