



29. Flößgrabenlauf
Gräfenroda / 13.09.2008

Detailed evaluation

Knabe, Ingo

Club: Martinroda
Number: 7

Course: 17.80 km
Hauptlauf

Category:
Männer M40

Total time: 1:27:33

Speed: 11.65 km/h
Running performance: 4:55 min/km

Rank in course/Total: 45 (of 67)

Rank in course/Men: 40 (of 59)

Best time in course: 1:03:23

Rank in category: 11(of 11)

Best time in the category: 1:10:17