



29. Flößgrabenlauf  
Gräfenroda / 13.09.2008

Detailed evaluation

**Waas, Volker**

Club: Schaeffler- Team  
Number: 55

Course: 17.80 km  
Hauptlauf

Category:  
Männer M45

Total time: 1:28:09

Speed: 11.57 km/h  
Running performance: 4:57 min/km

Rank in course/Total: 47 (of 67)

Rank in course/Men: 42 (of 59)

Best time in course: 1:03:23

Rank in category: 12(of 17)

Best time in the category: 1:13:33