



29. Flößgrabenlauf
Gräfenroda / 13.09.2008

Detailed evaluation

Moldenhauer, Frank

Club: Ilmenau

Number: 14

Course: 17.80 km

Hauptlauf

Category:

Männer M45

Total time: 1:34:35

Speed: 10.78 km/h

Running performance: 5:19 min/km

Rank in course/Total: 56 (of 67)

Rank in course/Men: 51 (of 59)

Best time in course: 1:03:23

Rank in category: 14(of 17)

Best time in the category: 1:13:33