



29. Flößgrabenlauf
Gräfenroda / 13.09.2008

Detailed evaluation

Janson, Winfried

Club: Scheffler-Team
Number: 57

Course: 17.80 km
Hauptlauf

Category:
Männer M45

Total time: 1:37:18

Speed: 10.48 km/h
Running performance: 5:28 min/km

Rank in course/Total: 59 (of 67)

Rank in course/Men: 53 (of 59)

Best time in course: 1:03:23

Rank in category: 15(of 17)

Best time in the category: 1:13:33