



5. Weidatal Marathon

Turnerheim Weißendorf bei Zeulenroda / 14.09.2008

Detailed evaluation

Sprick, Ralf

Club: SV Tegau

Number: 986

Course: 11.10 km

Viertelmarathon

Category:

Männer M45

Total time: 1:07:43

Speed: 9.75 km/h

Running performance: 6:06 min/km

Rank in course/Total: 49 (of 78)

Rank in course/Men: 42 (of 52)

Best time in course: 43:13

Rank in category: 5(of 7)

Best time in the category: 45:44

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Weißer Stein	6.20	fehlt!	-	-	-	-	-	6.20	-	-	-	-	-	-
Ziel Lauf	4.90	1:07:43	13:49	7	44:19	50	47:36	11.10	1:07:43	6:06	5	21:59	42	24:30