



5. Weidatal Marathon

Turnerheim Weißendorf bei Zeulenroda / 14.09.2008

Detailed evaluation

Seyfarth, Sebastian

Club: 1. SV Gera

Number: 983

Course: 11.10 km

Viertelmarathon

Category:

Männer M20

Total time: 43:26

Speed: 15.20 km/h

Running performance: 3:55 min/km

Rank in course/Total: 2 (of 78)

Rank in course/Men: 2 (of 52)

Best time in course: 43:13

Rank in category: 2(of 15)

Best time in the category: 43:13

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Weißer Stein	6.20	23:19	3:45	1	-	1	-	6.20	23:19	3:45	1	-	15	
Ziel Lauf	4.90	20:07	4:06	1	-	1	-	11.10	43:26	3:54	2	0:13	2	0:13