



5. Weidatal Marathon

Turnerheim Weißendorf bei Zeulenroda / 14.09.2008

Detailed evaluation

Einax, Sandra

Club: jena

Number: 759

Course: 11.10 km

Viertelmarathon

Category:

Frauen W20

Total time: 1:11:04

Speed: 9.29 km/h

Running performance: 6:24 min/km

Rank in course/Total: 56 (of 78)

Rank in course/Women: 10 (of 26)

Best time in course: 59:03

Rank in category: 2(of 5)

Best time in the category: 1:09:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Weißer Stein	6.20	39:08	6:18	1	-	10	7:31	6.20	39:08	6:18	1	-	5	7:31
Ziel Lauf	4.90	31:56	6:31	1	-	3	4:29	11.10	1:11:04	6:24	2	1:25	10	12:01