



5. Weidatal Marathon

Turnerheim Weißendorf bei Zeulenroda / 14.09.2008

Detailed evaluation

Zapf, Steffi

Club: SC Gefrees

Number: 1027

Course: 21.11 km

Halbmarathon

Category:

Frauen W20

Total time: 2:02:49

Speed: 10.26 km/h

Running performance: 5:41 min/km

Rank in course/Total: 35 (of 88)

Rank in course/Women: 5 (of 19)

Best time in course: 1:49:35

Rank in category: 3(of 6)

Best time in the category: 1:49:35

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Staumauer	5.70	1:30:27	15:52	2	1:00	5	1:15	5.70	1:30:27	15:52	2	1:00	16	
Weißer Stein	11.00	fehlt!	-	-	-	-	-	16.70	-	-	-	-	-	-
Ziel Lauf	3.41	32:22	9:29	1	-	3	5:48	21.11	2:02:49	5:49	3	13:14	5	13:14