



5. Weidatal Marathon

Turnerheim Weißendorf bei Zeulenroda / 14.09.2008

Detailed evaluation

Lenßner, Jens

Club: Zeulenroda

Number: 881

Course: 21.11 km

Halbmarathon

Category:

Männer M20

Total time: 2:11:55

Speed: 9.55 km/h

Running performance: 6:07 min/km

Rank in course/Total: 56 (of 88)

Rank in course/Men: 48 (of 69)

Best time in course: 1:31:45

Rank in category: 14(of 17)

Best time in the category: 1:31:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Staumauer	5.70	1:34:53	16:38	15	10:10	60	1:09:58	5.70	1:34:53	16:38	5	2:41	5	1:42
Weißer Stein	11.00	6:57	0:37	2	5:31	6	5:31	16.70	1:41:50	6:05	2	12:09	14	7:17
Ziel Lauf	3.41	30:05	8:49	11	23:03	29	23:03	21.11	2:11:55	6:14	14	40:10	48	40:10