



5. Weidatal Marathon

Turnerheim Weißendorf bei Zeulenroda / 14.09.2008

Detailed evaluation

Rauch, André

Club: LG Friedrichroda

Number: 929

Course: 32.21 km

3/4-Marathon

Category:

Männer M40

Total time: 2:56:34

Speed: 10.87 km/h

Running performance: 5:24 min/km

Rank in course/Total: 8 (of 38)

Rank in course/Men: 8 (of 28)

Best time in course: 2:13:19

Rank in category: 4(of 11)

Best time in the category: 2:16:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Staumauer	5.70	1:28:54	15:35	2	0:08	5	4:10	5.70	1:28:54	15:35	4	-	-	21
Weißer Stein	11.00	58:26	5:18	6	53:06	18	53:06	16.70	2:27:20	8:49	4	47:36	-	21
Durchlauf	3.41	27:46	8:08	1	-	3	2:12	20.11	2:55:06	8:42	1	-	-	18
Control	-	fehlt!	-	-	-	-	-	20.11	-	-	-	-	-	-
Ziel Lauf	9.00	1:28	0:09	3	0:40	4	1:26	32.21	2:56:34	5:28	4	40:16	-	8 43:15