



5. Weidatal Marathon

Turnerheim Weißendorf bei Zeulenroda / 14.09.2008

Detailed evaluation

Sypli, Lutz

Club: Gera

Number: 542

Course: 11.10 km

Viertelmarathon

Category:

Männer M45

Total time: 45:44

Speed: 14.56 km/h

Running performance: 4:07 min/km

Rank in course/Total: 3 (of 78)

Rank in course/Men: 3 (of 52)

Best time in course: 43:13

Rank in category: 1(of 7)

Best time in the category: 45:44

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Weißer Stein	6.20	fehlt!	-	-	-	-	-	6.20	-	-	-	-	-	-
Ziel Lauf	4.90	45:44	9:19	5	22:20	29	25:37	11.10	45:44	4:07	1	-	3	2:31