



5. Weidatal Marathon

Turnerheim Weißendorf bei Zeulenroda / 14.09.2008

Detailed evaluation

Richter, Uwe

Club: SV Lok Eilenburg

Number: 936

Course: 32.21 km

3/4-Marathon

Category:

Männer M40

Total time: 3:16:05

Speed: 9.86 km/h

Running performance: 6:00 min/km

Rank in course/Total: 16 (of 38)

Rank in course/Men: 15 (of 28)

Best time in course: 2:13:19

Rank in category: 6(of 11)

Best time in the category: 2:16:18

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Staumauer	5.70	1:31:12	16:00	6	2:26	14	6:28	5.70	1:31:12	16:00	6			14
Weißer Stein	11.00	1:05:25	5:56	10	1:00:05	26	1:00:05	16.70	2:36:37	9:22	6	56:53		14
Durchlauf	3.41	30:34	8:57	3	2:48	9	5:00	20.11	3:07:11	9:18	7	12:05	21	3:28
Control	-	fehlt!	-	-	-	-	-	20.11	-	-	-	-	-	-
Ziel Lauf	9.00	8:54	0:59	4	8:06	12	8:52	32.21	3:16:05	6:05	6	59:47	15	1:02:46