



5. Weidatal Marathon

Turnerheim Weißendorf bei Zeulenroda / 14.09.2008

Detailed evaluation

Lux, Susann

Club: Vorbereitung München

Number: 889

Course: 32.21 km

3/4-Marathon

Category:

Frauen W40

Total time: 3:25:55

Speed: 9.39 km/h

Running performance: 6:18 min/km

Rank in course/Total: 25 (of 38)

Rank in course/Women: 3 (of 10)

Best time in course: 3:15:46

Rank in category: 1(of 4)

Best time in the category: 3:25:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
						Pos Women	Behind Women							
Staumauer	5.70	1:33:24	16:23	1	-	3	2:01	5.70	1:33:24	16:23	1	-	3	1:38
Weißer Stein	11.00	8:52	0:48	1	-	2	2:27	16.70	1:42:16	6:07	1	-	3	
Durchlauf	3.41	1:32:37	27:09	3	55:55	7	1:02:20	20.11	3:14:53	9:41	1	-	3	7:23
Control	-	fehlt!	-	-	-	-	-	20.11	-	-	-	-	-	-
Ziel Lauf	9.00	11:02	1:13	2	0:58	3	2:46	32.21	3:25:55	6:23	1	-	3	10:09