



5. Weidatal Marathon

Turnerheim Weißendorf bei Zeulenroda / 14.09.2008

Detailed evaluation

Matthesius, Ronald

Club: 99417 Eisenach

Number: 1068

Course: 42.22 km

Marathon

Category:

Männer M40

Total time: 3:35:45

Speed: 11.68 km/h

Running performance: 4:59 min/km

Rank in course/Total: 3 (of 40)

Rank in course/Men: 3 (of 33)

Best time in course: 3:20:49

Rank in category: 1(of 10)

Best time in the category: 3:35:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men						Pos Men	Behind Men
Staumauer	5.70	25:01	4:23	1	-	1	-	5.70	25:01	4:23	2	-	29	-
Weißer Stein	11.00	1:51:36	10:08	10	1:44:40	30	1:47:09	16.70	2:16:37	8:10	2	35:19	29	-
Durchlauf	4.90	fehlt!	-	-	-	-	-	21.60	-	-	-	-	-	-
Control	-	2:34	-	1	-	1	-	21.60	2:19:11	-	1	-	1	-
Control	-	51:46	-	1	-	5	13:27	21.60	3:10:57	-	1	-	1	-
Ziel Lauf	11.00	24:48	2:15	1	-	1	-	42.22	3:35:45	5:06	2	1:17:38	5	1:47:30