



5. Weidatal Marathon

Turnerheim Weißendorf bei Zeulenroda / 14.09.2008

Detailed evaluation

Michaelis, Lutz

Club: VS

Number: 904

Course: 32.21 km

3/4-Marathon

Category:

Männer M45

Total time: 3:36:19

Speed: 8.88 km/h

Running performance: 6:37 min/km

Rank in course/Total: 29 (of 38)

Rank in course/Men: 25 (of 28)

Best time in course: 2:13:19

Rank in category: 5(of 5)

Best time in the category: 2:59:34

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Staumauer	5.70	1:33:43	16:26	5	4:24	23	8:59	5.70	1:33:43	16:26	5	4:24	4	0:29
Weißer Stein	11.00	10:47	0:58	2	2:54	10	5:27	16.70	1:44:30	6:15	5		4	
Durchlauf	3.41	1:34:41	27:45	5	1:06:45	20	1:09:07	20.11	3:19:11	9:54	5	23:25	4	15:28
Control	-	fehlt!	-	-	-	-	-	20.11	-	-	-	-	-	-
Ziel Lauf	9.00	17:08	1:54	5	13:20	18	17:06	32.21	3:36:19	6:42	5	36:45	25	1:23:00