



5. Weidatal Marathon

Turnerheim Weißendorf bei Zeulenroda / 14.09.2008

Detailed evaluation

Fröhlich, Anja

Club: SV Gräfenwarth, USV Jena
Number: 785

Course: 32.21 km
3/4-Marathon

Category:
Frauen W20

Total time: 3:59:04

Speed: 8.08 km/h
Running performance: 7:19 min/km

Rank in course/Total: 36 (of 38)
Rank in course/Women: 9 (of 10)
Best time in course: 3:15:46

Rank in category: 1(of 1)
Best time in the category: 3:59:04

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Staumauer	5.70	1:35:09	16:41	1	-	4	3:46	5.70	1:35:09	16:41	1	-	9	3:23
Weißer Stein	11.00	17:48	1:37	1	-	5	11:23	16.70	1:52:57	6:45	1	-	7	
Durchlauf	3.41	1:38:39	28:55	1	-	10	1:08:22	20.11	3:31:36	10:31	1	-	9	24:06
Control	-	fehlt!	-	-	-	-	-	20.11	-	-	-	-	-	-
Ziel Lauf	9.00	27:28	3:03	1	-	10	19:12	32.21	3:59:04	7:25	1	-	9	43:18