



5. Weidatal Marathon

Turnerheim Weißendorf bei Zeulenroda / 14.09.2008

Detailed evaluation

Lautner, Anton

Club: Marathon4you.de

Number: 877

Course: 42.22 km

Marathon

Category:

Männer M45

Total time: 4:14:29

Speed: 9.90 km/h

Running performance: 5:53 min/km

Rank in course/Total: 17 (of 40)

Rank in course/Men: 15 (of 33)

Best time in course: 3:20:49

Rank in category: 3(of 4)

Best time in the category: 3:54:57

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Staumauer	5.70	1:30:59	15:57	3	3:40	13	1:05:58	5.70	1:30:59	15:57	3	3:40	18		
Weißer Stein	11.00	1:02:12	5:39	4	47:25	23	57:45	16.70	2:33:11	9:10	3	9:42	18	2:14	
Durchlauf	4.90	29:16	5:58	3	3:01	13	6:07	21.60	3:02:27	8:26	3	12:43	19	24:38	
Control	-	fehlt!	-	-	-	-	-	21.60	-	-	-	-	-	-	
Control	-	39:47	-	2	1:28	2	1:28	21.60	3:42:14	-	2	6:35	3	31:17	
Ziel Lauf	11.00	32:15	2:55	1	-	2	7:27	42.22	4:14:29	6:01	3	19:32	17	2:26:14	