



5. Weidatal Marathon

Turnerheim Weißendorf bei Zeulenroda / 14.09.2008

Detailed evaluation

Lentz, Tom

Club: FAW Plauen gGmbH

Number: 880

Course: 11.10 km

Viertelmarathon

Category:

Männer M20

Total time: 48:38

Speed: 13.57 km/h

Running performance: 4:23 min/km

Rank in course/Total: 6 (of 78)

Rank in course/Men: 6 (of 52)

Best time in course: 43:13

Rank in category: 3(of 15)

Best time in the category: 43:13

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|--------------|-------|--------|--------|------|--------|-----|--------|-------|-------|--------|------|--------|-----|--------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Weißer Stein | 6.20 | fehlt! | - | - | - | - | - | 6.20 | - | - | - | - | - | - |
| Ziel Lauf | 4.90 | 48:38 | 9:55 | 11 | 28:31 | 32 | 28:31 | 11.10 | 48:38 | 4:22 | 3 | 5:25 | 6 | 5:25 |