



# 5. Weidatal Marathon

Turnerheim Weißendorf bei Zeulenroda / 14.09.2008

## Detailed evaluation

**Groh, Michael**

Club: FV Zeckendorf

Number: 798

Course: 11.10 km

Viertelmarathon

Category:

Männer M30

Total time: 52:23

Speed: 12.71 km/h

Running performance: 4:43 min/km

Rank in course/Total: 12 (of 78)

Rank in course/Men: 12 (of 52)

Best time in course: 43:13

Rank in category: 1(of 2)

Best time in the category: 52:23

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Weißer Stein	6.20	27:10	4:22	1	-	3	3:51	6.20	27:10	4:22	1	-	25	
Ziel Lauf	4.90	25:13	5:08	1	-	5	5:06	11.10	52:23	4:43	1	-	12	9:10