



5. Weidatal Marathon

Turnerheim Weißendorf bei Zeulenroda / 14.09.2008

Detailed evaluation

Gümpel, Harry

Club: HSV Niederböhmersdorf

Number: 800

Course: 21.11 km

Halbmarathon

Category:

Männer M45

Total time: 1:40:25

Speed: 12.55 km/h

Running performance: 4:39 min/km

Rank in course/Total: 6 (of 88)

Rank in course/Men: 6 (of 69)

Best time in course: 1:31:45

Rank in category: 3(of 12)

Best time in the category: 1:35:02

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Staumauer	5.70	24:55	4:22	1	-	1	-	5.70	24:55	4:22	3	-	-	47
Weißer Stein	11.00	fehlt!	-	-	-	-	-	16.70	-	-	-	-	-	-
Ziel Lauf	3.41	1:15:30	22:08	12	1:05:22	69	1:08:28	21.11	1:40:25	4:45	3	5:23	6	8:40