



5. Weidatal Marathon

Turnerheim Weißendorf bei Zeulenroda / 14.09.2008

Detailed evaluation

Kokscht, Thomas

Club: Limsdorf Runners

Number: 848

Course: 11.10 km

Viertelmarathon

Category:

Männer M50

Total time: 54:53

Speed: 12.03 km/h

Running performance: 4:56 min/km

Rank in course/Total: 16 (of 78)

Rank in course/Men: 16 (of 52)

Best time in course: 43:13

Rank in category: 1(of 7)

Best time in the category: 54:53

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Weißer Stein	6.20	fehlt!	-	-	-	-	-	6.20	-	-	-	-	-	-
Ziel Lauf	4.90	54:53	11:12	3	29:03	38	34:46	11.10	54:53	4:56	1	-	16	11:40