



5. Weidatal Marathon

Turnerheim Weißendorf bei Zeulenroda / 14.09.2008

Detailed evaluation

Freimann, Hans-Gerhard

Club: TSV Zeulenroda

Number: 771

Course: 11.10 km

Viertelmarathon

Category:

Männer M50

Total time: 55:10

Speed: 11.96 km/h

Running performance: 4:58 min/km

Rank in course/Total: 17 (of 78)

Rank in course/Men: 17 (of 52)

Best time in course: 43:13

Rank in category: 2(of 7)

Best time in the category: 54:53

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Weißer Stein	6.20	29:20	4:43	1	-	8	6:01	6.20	29:20	4:43	1	-	23	
Ziel Lauf	4.90	25:50	5:16	1	-	6	5:43	11.10	55:10	4:58	2	0:17	17	11:57