



5. Weidatal Marathon

Turnerheim Weißendorf bei Zeulenroda / 14.09.2008

Detailed evaluation

Braun, Matthias

Club: Zeulenroda

Number: 734

Course: 11.10 km

Viertelmarathon

Category:

Männer M20

Total time: 55:30

Speed: 11.89 km/h

Running performance: 5:00 min/km

Rank in course/Total: 19 (of 78)

Rank in course/Men: 19 (of 52)

Best time in course: 43:13

Rank in category: 7(of 15)

Best time in the category: 43:13

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Weißer Stein	6.20	29:14	4:42	3	5:55	7	5:55	6.20	29:14	4:42	3	5:55	21	
Ziel Lauf	4.90	26:16	5:21	3	6:09	8	6:09	11.10	55:30	5:00	7	12:17	19	12:17