



5. Weidatal Marathon

Turnerheim Weißendorf bei Zeulenroda / 14.09.2008

Detailed evaluation

Arnold, Fränzi

Club: Zeulenroda

Number: 706

Course: 11.10 km

Viertelmarathon

Category:

Frauen W30

Total time: 59:45

Speed: 11.05 km/h

Running performance: 5:23 min/km

Rank in course/Total: 30 (of 78)

Rank in course/Women: 4 (of 26)

Best time in course: 59:03

Rank in category: 1(of 3)

Best time in the category: 59:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Weißer Stein	6.20	31:49	5:07	1	-	2	0:12	6.20	31:49	5:07	1	-	2	0:12
Ziel Lauf	4.90	27:56	5:42	1	-	2	0:29	11.10	59:45	5:22	1	-	4	0:42