



5. Weidatal Marathon

Turnerheim Weißendorf bei Zeulenroda / 14.09.2008

Detailed evaluation

Göpel, Jens

Club: Zeulenroda-Triebes

Number: 1097

Course: 11.10 km

Viertelmarathon

Category:

Männer M20

Total time: 59:56

Speed: 11.01 km/h

Running performance: 5:24 min/km

Rank in course/Total: 31 (of 78)

Rank in course/Men: 27 (of 52)

Best time in course: 43:13

Rank in category: 10(of 15)

Best time in the category: 43:13

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Weißer Stein	6.20	30:13	4:52	4	6:54	9	6:54	6.20	30:13	4:52	5	6:54	19	
Ziel Lauf	4.90	29:43	6:03	6	9:36	12	9:36	11.10	59:56	5:23	10	16:43	27	16:43