



1. Zweitalsperrenlauf Tambach-Dietharz

Tambach Dietharz / 14.09.2008

Detailed evaluation

Demuth, Kay

Club: LG Weingarten

Number: 168

Course: 6.00 km

6 km

Category:

Männer M20

Total time: 26:12

Speed: 13.74 km/h

Running performance: 4:22 min/km

Rank in course/Total: 2 (of 28)

Rank in course/Men: 2 (of 12)

Best time in course: 24:25

Rank in category: 2(of 4)

Best time in the category: 24:25