



1. Zweitalsperrenlauf Tambach-Dietharz

Tambach Dietharz / 14.09.2008

Detailed evaluation

Wrona, Harald

Club: Tambach_Dietharz

Number: 165

Course: 6.00 km

6 km

Category:

Männer M45

Total time: 52:47

Speed: 6.82 km/h

Running performance: 8:48 min/km

Rank in course/Total: 28 (of 28)

Rank in course/Men: 12 (of 12)

Best time in course: 24:25

Rank in category: 2(of 2)

Best time in the category: 35:39