



# 1. Zweitalsperrenlauf Tambach-Dietharz

Tambach Dietharz / 14.09.2008

## Detailed evaluation

**Stärker, Stefan**

Club: LG Frauenwald

Number: 196

Course: 6.00 km

6 km

Category:

Männer M20

Total time: 26:53

Speed: 13.39 km/h

Running performance: 4:29 min/km

Rank in course/Total: 3 (of 28)

Rank in course/Men: 3 (of 12)

Best time in course: 24:25

Rank in category: 3(of 4)

Best time in the category: 24:25