



# 1. Zweitalsperrenlauf Tambach-Dietharz

Tambach Dietharz / 14.09.2008

## Detailed evaluation

**Herrmann, Maik**

Club: GMRV

Number: 19

Course: 17.00 km

17 km

Category:

Männer M40

Total time: 1:13:18

Speed: 13.92 km/h

Running performance: 4:19 min/km

Rank in course/Total: 8 (of 84)

Rank in course/Men: 8 (of 71)

Best time in course: 1:07:27

Rank in category: 3(of 14)

Best time in the category: 1:09:08